

MBARE BNB¹ – SEPTEMBER 2019
(ECOCASH BASED)

A. Essential Food Items:				
ITEM	Preferred brand	Unit available	Quantity	ZWL\$ AVERAGE
Mealie Meal	Red Seal (Roller meal)	20kg	2	190.32
Cooking oil	D'lite	2Ltrs	2	81.90
Beef	CSC/ Economy/ mixed	1kg	5	244.50
Chicken	Mixed portions	2kg	1	60.99
Beans	Sugar beans	500g	4	63.96
Fish	Fresh	1kg	4	146.76
Dried Fish (Matemba)	Kapenta	1kg	1	46.50
Salt	Pro-brands	2kg	1	15.59
Bread	Bakers Inn	1loaf	30	283.50
Drink	Mazoe orange crush	2 litres	2	66.00
Rice	Red seal / Mariana	2 kg	2	74.78
Eggs	Standard	1 crates	2	103.98
Sugar	Hullet (brown) sugar	2kg	2	61.00
Tea (leaves)	Stella	250g	4	46.00
Milk	Steri	500ml	12	92.28
Margarine	Buttercup	2kg	1	91.96
Onions	Onions	1kg	10	120.00
Tomatoes	Tomatoes	1kg	10	66.00
Vegetables (greens)	Rape	1kg	22.5	81.00
Sub-total				1 937
B. Essential Non-food items				
Washing soap	Green bar	1kg	5	55.95
Bathing soap	Geisha tablets	250g	5	44.95
Washing Powder	Omo	2kg	1	68.58
Toothpaste	Colgate	100ml	2	15.98
Sanitary pads	Farai	1 pack	3	29.97
Toilet paper	Softex	4 rolls	4	114.00
Candles	Candles	pack of 6	1	28.69
Matches	Lion	carton	1	6.50
Jelly	Vaseline	250ml	2	63.54

¹ The Basic Needs Basket (BNB) calculations are based on the prices tracking undertaken on the 30th of September , 2019 at OK Super and other shops, Mbare.

Sub-total				428.16
C. Rates and other essential services				
Water & Sanitation (medium cost - fixed)	Water	fixed		5.00
	Average usage/month	m3		10.12
	Sanitation (Sewage)	fixed		6.50
Monthly rent (4 roomed house)	Basic Accommodation	per room		280.00
Electricity	Average usage/month			250.00
Sub-total				552.00
Total for Basic Needs Basket for MBARE				ZWL \$ 2 917.16
Other Costs				
Telephone/Communication		\$/month	-	-